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CONSENT TO PARTICIPATE IN RESEARCH

Title of Research: Parental Stress During Coronavirus: A Measurement During the Stay-at-Home Order

Funding Agency/Sponsor: N/A

Principal Investigators: Alisha Fletcher, LCSW, a Licensed Clinical Social Worker and Kathleen Honeywell, LPC, a Licensed Professional Counselor, both from Delaware Psychological Services.

You are invited to participate in a research study.

In order to participate, you must be a parent of a child between the ages of 1 month and 12 years.

A summary of things you should know:

- *This is a research study involving human subjects has been approved as “Exempt” by the Human Subjects Review Committee at Wilmington University.*
- *The purpose of the study is to gather a deeper understanding of parental stress during the COVID-19 stay-at-home order.*
- *Risks or discomforts from this research include spending no more than 30 minutes of your time. If you choose to participate, you will be asked to complete an online survey at your convenience within two weeks. You will need to use the survey link provided password to complete your unique survey link. This will be sent to you via email.*
- *Your privacy and confidentiality are of utmost concern, and the survey is anonymous. Taking part in this research project is voluntary. You do not have to participate, and you can opt-out at any time.*
- *Please take the time to read this entire form and ask questions before deciding whether to take part in this research project.*

What is the purpose of the research?

The study will examine the parent-child relationship and the life changes related to the stay-at-home order associated with COVID-19. The current study also aims at investigating stress-related factors during COVID-19 like unemployment, childcare and lifestyle patterns, and changes. We plan to publish the results of this study.

How many people will participate in this study?

The survey will be sent to parents who express an interest in participating in the research. We expect to survey between 60 and 100 parents.

What are the risks of participating in this study and how will they be minimized?

We do not believe there are any risks from participating in this research that is different from the risks you encounter in everyday life. The study consists of answering closed-ended questions.

What are the benefits for participating in this study?

While you may not directly benefit from your participation, we hope that your responses will help us better understand the role of the pandemic on parenting stress.

How will my confidentiality be protected?

The survey data will be completely anonymous. All information obtained in connection with the study, including but not limited to researcher notes and answers to surveys generated during the study, will be stored on an encrypted server. Study records will be maintained for three years for archiving purposes, but will not be used for further research.

Is my participation voluntary?

It is totally up to you to opt into this research study. Participating in this study is voluntary. Even if you decide to be part of the study now, you may change your mind and stop at any time. You do not have to answer any questions you do not want to answer. Because the survey is anonymous, data will be unable to be eliminated from the study, once the survey is complete.

Who should I contact if I have questions regarding the study?

Alisha Fletcher, LCSW or Kathleen Honeywell, LPC both from Delaware Psychological Services 302-703-6332.

If you wish to participate, please submit your email address in the box on this webpage.

You will receive an email with a password and survey link.

There will be no identifying information collected and participation is anonymous.